# Supported Independent Living (SIL)

SIL/SDA session presented by Pascale Dreyer, NDIS Transition Advisor, NDS in Dandenong on Wednesday 31 May 2017

* + 0472 873 910
  + Pascale.Dreyer@nds.org.au

## What will NDIS fund to support participants to live independently?

Capacity building supports

Home modifications

**Support with personal care**

**Domestic assistance**

Supported Disability Accommodation

## What is SIL?

Funded individually to each person according to their need

Shared living arrangements of 2-7 participants

Assistance with daily life tasks in a group or shared living environment

## Reflective of 24 hour care, 7 days/week

## Three levels of support (at benchmark price)

## Cost of support does NOT include rent, board or lodging, day to day usual living expenses such as food and activities, personal care supports when the person is hospitalised, or items covered in other sections of NDIS price guide (e.g. assistive technology or transport costs)

## What has changed?

Housing (Specialist Disability Accommodation) and support (Supported Independent Living) are separate

Individualised supports – broken down between individual and shared supports

Participant choice

Participants are able to choose different service providers within the one house

Providers are expected to provide a quote, even when accepting NDIA benchmark

Providers will need to consider irregular costs such as residents staying home due to ill health, non-work days or day services closures

Changes to vacancy management – if the SDA is not DHHS owned SIL providers will have the option to opt-out of the state managed vacancy system, however will need to ensure that principles and enrolment process of the State vacancy management system is followed

Collaborative Agreement with SDA

## Split between support and housing

Table indicating responsibilities of Support Provider (SIL) and SDA provider.

Responsibilities of Support Provider (SIL) include: Provide support and promote participation in household and community activities; Help people to manage money and household budget; Assist the SDA provider to make offers to prospective tenants; Help manage household tasks such as preparing food; Manage and supervise workers; Ensure workers are screened; Notify residents of changes to the service agreement; Address complaints about support provided.

Responsibilities of SDA provider include:Provide residents with accommodation and a written agreement to live in the home**;** Set and collect rent; Offer accommodation to prospective tenants; Fix and maintain homes; Address damages; Perform major updates; Notify residents of changes to the residency agreement and service agreement; Address complaints about the SDA

## Quality and Safeguarding

### Disability Act 2006 (Amendment Act 2012)

‘Residential service’ is residential accommodation with rostered staff provided by, or on behalf of, a disability service provider

Amendment Act – redefines ‘residential service’

Residential statement

Maintenance and repair

### Residential Services Practice Manual

Vacancy management

### Accommodation Standards and Design Guidelines 2004

Location

Generally Class 3 building(s)

Automatic fire detection and suppression systems

## What does it mean?

Residential service is an integrated model of accommodation and support under Disability Act

SIL providers must be registered under the Disability Act as residential services

SIL providers had to comply by the Accommodation Standards and Design Guidelines 2004

* + Single storey

Under the Disability Act 2006 and previous working arrangements SIL providers were responsible for:

* + maintenance and repairs
  + Residential Statement
  + collecting rent & board

## Disability Act & NDIS

Under NDIS a residential service refers to ‘SDA that is provided by, or on behalf of, or by arrangement with a SIL provider that is registered under the Disability Act’

SIL provider must be registered under Disability Act

SIL provider is responsible for the Residential Statement

SDA and SIL providers must have a Collaboration Agreement in place

Fire safety requirements for SDA yet to be made public

SIL provider can operate out of a non-SDA dwelling and will need to be aware of how occupancy type impacts fire safety requirements

Vacancies in government-owned homes will generally be filled before others (see SDA Rule)

## Vacancy Management

### ‘Offering Residency in Specialist Disability Accommodation – Policy and Standards’ May 2017

Applicable 1 July 2016 – 30 June 2019

### Government-owned houses

DHHS vacancy management system

### Private SDA providers

DHHS vacancy management system OR internal vacancy management process

## Payment Assurance & reporting

Provider Toolkit Module 7: Payment & Assurance

Service Agreement

Participant outcomes & goals

Table: one option to keep a record of supports includes a table with columns of: support; description of support; cost per unit; frequency of support; total units of support; total cost; start & end date of support

## SIL Payment & Quoting

### Policy

Prices consider individual and shared supports

Prices are per person per week

Prices based on number of people and level of support (lower, standard & higher)

Providers are able to provide a quote if the benchmarked price does not meet participant need

If a provider accepts benchmark, they do not need to provide a quote

### Practice

All non-government SIL providers required to provide quote, even when accepting benchmark

Providers will need to use NDIA’s costing template from 1 July

The quoting process will be undertaken prior to plan approval

## SIL Payment & Quoting

## (NSW, VIC, TAS QLD 11/07/2016)

Table: weekly costs of lower, standard, and high levels of support, for accommodation for 2 persons, 3 persons, 4 persons, 5 persons, and 6 or 7 persons. 2 persons lower at $2,160.78 ($112,360.56 annually). 2 persons standard at $3,712.61 ($193,055.72 annually). 2 persons high at $4,807.14 ($249,971.28 annually). 3 persons lower at $1,878.94 ($97,704.88 annually). 3 persons standard at $3,065.16 ($159,388.32 annually). 3 persons high at $4,163.10 ($216,482.20 annually). 4 persons lower at $1,866.49 ($97,057.48 annually). 4 persons standard at $2,374.71 ($123,484.92 annually). 4 persons high at $3,305.12 ($171,866.24 annually). 5 persons lower at $1,814.43 ($94,350.36 annually). 5 persons standard at $2,273.97 ($118,246.44 annually). 5 persons high at $2,905.56 ($151,089.12 annually). 6 or 7 persons lower at $1,676.33 ($87,169.16 annually). 6 or 7 persons standard at $2,203.76 ($114,596.56 annually). 6 or 7 persons high at $2,605.61 ($135,491.72 annually).

## SIL Payment & Quoting

### The following information is currently required:

Participant & property profile

Instances of direct care and shared care

Support level

Hours of care by shift (hrs/week)

Hours of irregular support (hrs/week)

Sleepovers and active sleepovers

Rostering

Sign off from participant

## Steps to consider

### Participant:

Goals & outcomes

Routines

Support needs

History of behaviour, if appropriate

### Hours of support

Individual & shared

Irregular support (e.g. participant becomes unwell)

Staff roster

### Total cost

Consider exclusions (e.g. utilities, food, rent)

Provide evidence of support needs

Include participant in determining quote

## Scenario

Roger lives in supported accommodation. He requires assistance with personal care and at meal times. Roger also has a behaviour support plan in place. This is used when Roger needs help to calm down and regulate his emotions. When he becomes annoyed, however he requires a staff member to assist him. Roger enjoys cooking with his housemates and catching up with them after dinner. Roger attends a program during the day and visits his family every other weekend. Roger would like to become more independent around the house, particularly in regards to the household decision-making.

### Questions

What are Roger’s goals?

When will Roger require 1:1 support?

When will his support be shared?

What are some instances of irregular support that a provider will need to consider?

What will be excluded from the cost?

## Basic Quote Breakdown

Table: example of how providers may want to consider quote breakdowns. Columns are hours of care (hrs/week); individual support (e.g. 1:1 or 2:1); and shared support (e.g. 1:3, 1:4, 2:5, etc.). rows are Mon-Fri (6am-8pm); Mon-Fri (8pm-12am); Saturday; Sunday; Public Holiday; Irregular Support; Sleepovers (nights/week); and Active Sleepovers

## Evidence

Clinical assessments and reports

Behavioural assessments/plans

Incident reports

Police reports

Risk assessments

Statements from previous provider (if applicable)

Standardised assessments, such as –

* + Lawton’s Instrumental Activities of Daily Living
  + Assessment of motor and processing skills
  + Allen’s model of cognitive disability
  + Functional Independence Measure (for high levels of disability)

## Example A

### Participant Profile

22 year old male

Mild intellectual disability, anxiety and depression

Attends a day program 5 days a week (48 weeks per year)

Catches public transport by himself to the day program and family visits

### Evidence

Incident reports - minor incidents of aggression and defiance

### Property Profile

5 bedroom villa complex

Provider owned property

On-site staff accommodation (separate from villa)

1 combined outdoor area

### SIL quotes

Provider Annual Quoted Amount: $154,000 **(accepted by NDIA)**

Calculated Annual SIL Price: $143,521 - $166,182

NDIS Annual Benchmark Price: $153,995

## Example B

### Participant Profile

35 year old female

Mild intellectual disability, major depressive disorder and borderline personality disorder

Attends a day program 1 day a week (48 weeks per year)

### Evidence

Incident reports - 60 incidents of self-harm, 25 incidents of assault on staff

Police reports

Property damage reports - 5 incidents of major damage to property

Independent assessment - deemed super intensive and not suitable for shared living due to exposing others to self-harm or assault.

### Property Profile

2 bedroom home (not sharing with other participants)

Rental property

1 combined outdoor area

### SIL Quotes

Provider Annual Quoted Amount: $454,000 **(not accepted by NDIA)**

Calculated Annual SIL Price: $374,147 - $433,223

NDIS Annual Benchmark Price: $254,778

## Thank you and contact details

Pascale Dreyer

* + NDIS Transition Advisor
  + 0472 873 910
  + Pascale.Dreyer@nds.org.au
  + Or ask a question on our forum: tinyurl.com/NDISHelpdesk