# Podcast Show Notes – Voice at the Table – Inclusive Meeting Practices for People with a Cognitive Disability – accessible version

This episode featured Dave Relf, Victorian Manager, Quality and Safeguards, speaking to Eva Sifis and Cameron Bloomfield from Voice at the Table. Voice at The Table (VATT), a project of the Self-Advocacy Resource Unit (SARU), aims to increase the number of people with cognitive disabilities sitting on boards, committees and advisory groups within government, service providers, community and mainstream organisations at a local, state and national level.Below are the key items that were referenced in the episode. Click on the hyperlinks to learn more:

[Voice at the Table website](https://voiceatthetable.com.au/)

[Voice at the Table Resources](https://voiceatthetable.com.au/resources/)

[Self Advocacy Resource Unit (SARU) website](http://saru.net.au/)

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