**The Empowerment Circle**

* The Empowerment Circle is a circle diagram, with a person at the centre in a dark green circle
* The circle is divided into three zones (represented in rings from the centre toward the outside of circle):
  + **Green** for good or positive practice
  + **Orange** for poor or neglectful practice
  + **Red** for abusive or criminal practice
* The circle is divided into eight sections, like slices of a pizza. Each section represents one area of people’s lives: Physical; Emotional; Social; Identity; Material; Economic; Education; and Relationships.
* Four human rights arrows, evenly spaced around the circle and pointing from the outer edges of the circle to the centre, represent the idea that the closer we are to the middle, the more we are using and enjoying our rights. The arrows are labelled ‘Freedom’, ‘Respect’, ‘Equality’ and ‘Dignity’.

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