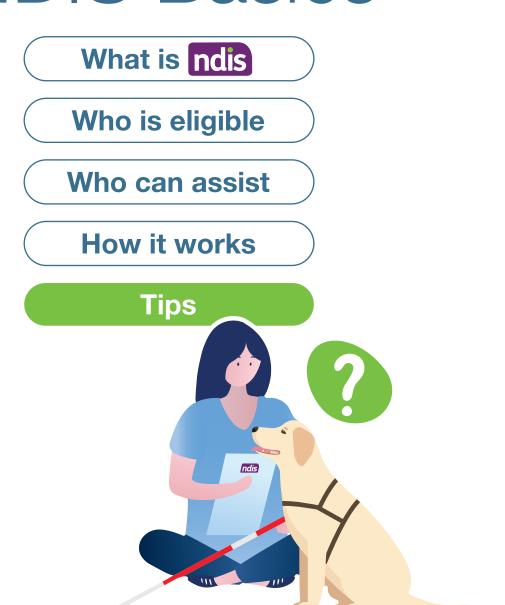
NDIS Basics



Applying to access the National Disability Insurance Scheme (NDIS) can be overwhelming.

If you are applying to access NDIS while in hospital, your health team may help with the NDIS Access Request and planning process.



NDIS provides funding for supports and services to help people, eligible for the scheme, achieve their goals and live their best life. The scheme gives the participant 'choice and control' over who will provide their services, and where and when they are delivered. The agency that manages the NDIS is National Disability Insurance Agency (NDIA).

Who is eligible for ndis?

You may be eligible for the NDIS if you:

- Are aged between 0 and 65
- Are an Australian citizen, resident or Protected Special Category Visa holder
- Have a permanent and significant disability.

Who can assist

Completing a NDIS Access Request

If you are in hospital your health team may assist with your Access Request.

You can also talk to a Local Area Coordinator (LAC). A LAC can explain how the NDIS works and help with your Access Request. If you need support for a child younger than seven years, talk to an Early Childhood Partner.

To find a Local Area Coordinator or Early Childhood Partner visit www.ndis.gov.au/contact/locations

A NDIS Access
Request is the form
you complete to
apply for the NDIS.

Gathering evidence

It is important to gather comprehensive evidence to support your Access Request. If you are in hospital, your health team may collect and prepare your evidence. Evidence can be collected from your doctor, specialists, therapists and your support network (family, carer, friends).

Creating a plan

Your goals are an important part of a NDIS plan. Think about what you would like to achieve in life. For example: recreational activities, becoming more independent at home and finding a job.

Your plan will include:

- Your goals
- The supports and services that will help you achieve your goals. For example: therapy services, a mentor, a support worker, community activities and assistive technology
- A budget to pay for your supports and services
- How your plan will be managed.

If access to NDIS is approved, you will create a NDIS plan with your LAC.

The Ready to Go Home project is funded by the Australian Government Department of Social Services. Go to **www.dss.gov.au** for more information.





How it works

If you are in hospital, your health team can assist with Steps 1-2

Coordinator (LAC) for help

Contact a Local Area

Step

Submit a NDIS Access Request



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disability (from doctors and evidence of specialists) Collect

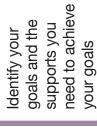
affected (from therapists, specialists, doctors and how your daily living is your support network) Collect evidence of

Complete and submit Request form. A LAC network can help and your support the NDIS Access

NDIA will make an information within or request more access decision 21 days

Step 2

Make a NDIS plan



with you when you create Have someone you trust Attend a NDIS planning meeting with your LAC. our plan

to develop Work with your LAC a plan

assessment. Your LAC can help submitted to the NDIA for Your plan is

NDIA approves your more information plan or requests within 60 days

Step 3

Use your NDIS plan: you have the option to use one or a mix of self-manage, plan manager, NDIA managed



Self-manage your NDIS plan

Use a plan manager

- services and supports Research and confirm to use
- Sign service agreements Manage invoices
- organises your service You research services and supports to use A plan manager AND OR

NDIA manages your plan

 You research and confirm services and supports to use

> AND OR

agreements and invoices NDIA manages service

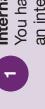
agreements and invoices

NDIS Plan review

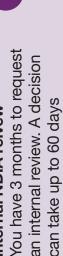
- · Your plan will be reviewed
 - When your plan will be reviewed can vary from 6 months to 24 months

If your Access Request or NDIS plan is not approved





You have 3 months to request Internal NDIA reivew



lodge a tribunal appeal



Federal Court

If you are unhappy with the tribunal appeal, you have 28 days to lodge a court appeal က

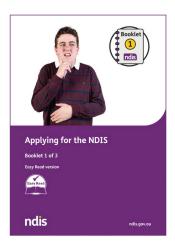


Read the ndis booklets available at www.ndis.gov.au/participants



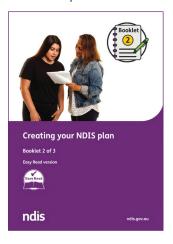
Booklet 1

Covers eligibility criteria, applying for the NDIS and what the NDIS funds.



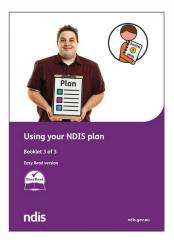
Booklet 2

Covers how to develop goals, prepare for a planning meeting and create a plan.



Booklet 3

Covers what is in a plan, how to use a plan and the plan review process.



For more information phone NDIS National Contact Centre (1800 800 110





Before applying to access **ndis**



Talk to people with similar health conditions. Join a support group. You might find a local support group on Facebook.

Research types of supports you might be able to use and the services available in your community.

Think about how you would like your plan to be managed. Consider each option carefully and talk to people who are NDIS participants.



Be prepared for delays

The application and planning process may take longer than expected. You might be asked to provide more information which can take extra time.

If the NDIS plan you receive is not what you expected, you are entitled to have the decision reviewed.

If delays occur, talk to your LAC about short term supports that you may be eligible for.