

Have a say about your community's mental health and wellbeing

Help the Victorian Government develop the new Diverse Communities Mental Health and Wellbeing Framework

Everyone should be able to access the support they need for good mental health and wellbeing. But the Royal Commission into Victoria's Mental Health System told us that is not always true for diverse communities.



The Royal Commission defined 'diverse communities' in Victoria as:

Culturally and linguistically diverse communities

LGBTIQ+ people

People with disability.

If you are part of one or more of these communities, are a family member, carer or supporter or work with these communities, we want to hear from you. Your ideas to improve mental health supports can help us plan for a better future.

Sessions are between 3 and 28 October 2022. When you register let us know if you need any other support to take part.

Most conversations are online, with some in-person options. We might talk about:

- what good mental health means to you
- your ideas to make support more accessible
- what safe, inclusive mental health services look like for diverse communities.



Click for more information

Or go to www.health.vic.gov.au/mental-health-wellbeing-reform/diverse-communities-mental-health-and-wellbeing-framework-and-blueprint



Click to reserve your place

Or go to tinyurl.com/yckwdvra

If you have any questions, please contact the Diverse Communities team:

mhwd.diversity@health.vic.gov.au

Find a session that suits you

Session name	You may want to attend this conversation if:	Click the date to register your place via Eventbrite
LGBTIQ+ community	You are from LGBTIQ+ communities or are a family member, carer or supporter of someone from these communities.	1 - 3pm, 5 Oct Online 6 - 8pm, 18 Oct In person, Melbourne
LGBTIQ+ sector and services	You are from a group or organisation that supports or promotes the mental health and wellbeing of LGBTIQ+ people.	1:30 - 3:30pm, 18 Oct In person, Melbourne
Culturally and linguistically diverse community	You are from culturally and linguistically diverse communities or are a family member, carer or supporter of someone from these communities.	10am - 12pm, 11 Oct Online 2 - 4pm, 16 Oct In person, Melbourne
Culturally and linguistically diverse sector and services	You are from a group or organisation that supports or promotes the mental health and wellbeing of culturally and linguistically diverse people.	6 - 8pm, 19 Oct In person, Melbourne
People with disability	You are a person with disability or are a family member, carer or supporter of someone with disability.	6 - 8pm, 12 Oct 1 - 3pm, 13 Oct Both online
Disability sector and services	You are from a group or organisation that supports or promotes the mental health and wellbeing of people with disability.	1 - 3pm, 11 Oct Online
Rural and regional	<ul style="list-style-type: none"> You are from, or work with, one or more diverse communities. You have lived, living or professional experiences of mental health in rural or regional Victoria. 	3 - 5pm, 4 Oct Online
Health services and practitioners	You work as a health practitioner in mainstream or cohort-specific services. This includes general health, allied health, community health, women's health, etc.	10am - 12pm, 4 Oct 10am - 12pm, 5 Oct 1 - 3pm, 12 Oct All online
Open	You have any of the above experiences and are happy to be in a group with anyone.	10am - 12pm, 13 Oct Online 6 - 8pm, 17 Oct In person, Melbourne