

My Hospital Pack - Ready for Hospital

Name:

Phone:



Personal Guide

Tips to help support me during my hospital stay

My support people (name and contact details - phone and email)

Support network (carer, family, friend):

Support service/s:

My support tips

I may need assistance with ...

I feel safe and settled when ...

I feel unsettled or get upset when ...

My communication tips

My likes and dislikes when communicating are ...

I use a communication device and it is important to me because ...

My essential communication device is a ...

My routine tips

It is important to me that my daily routine includes ...

My culture

Please respect my cultural identity and language preferences: they are ...

My religion/spirituality

My religious and or spiritual considerations during a hospital stay include ...

My values and preferences

The Healthy WA values preferences form is not a legal document. However, you can use the form to provide direction on your health and personal care wishes. If you would like to use the form it is available at www.healthywa.wa.gov.au/AdvanceCarePlanning

Note: if you need more space you can attach (staple) the information you would like to include.