

## Chicken Nuggets and Chips

### Ingredients

- 1 chicken breast
- 1 cup flour
- 1 cup breadcrumbs
- 1 egg
- 50ml milk
- 1/4 lettuce
- 1 potato
- 1/2 teaspoon paprika
- 1 sprig of parsley
- Pepper
- 10ml olive oil

### Method

1. Preheat the oven to 180°.
2. Cut the potato into wedges.
3. Add 10 ml of oil to a small oven proof pan, place the wedges in the pan and sprinkle with paprika. Bake for 15 to 20 minutes.
4. Cut the chicken breast into strips.
5. Crack the egg into a bowl and add some milk - whisk with a fork.
6. Put the flour in one shallow bowl, and the breadcrumbs in another.
7. Dip the chicken in the flour, then dip in the egg, then dip in the breadcrumbs.
8. Heat enough oil in a pan to cover the base of the pan.
9. Lay the chicken in the pan and turn once golden on one side.
10. Serve the chicken with the wedges and your favourite sauce.